

# SafeHands Pilgrims Walk for Life



*We need your support!*

**O**n Sunday 14<sup>th</sup> June 2009, a team of 20 dedicated individuals will set off for North-West Spain to begin a testing 130 kilometre walk in aid of the SafeHands for Mothers' Pilgrims *Walk for Life* fund-raising campaign, which aims to raise £350,000 in support of safe motherhood in Ethiopia.

*To meet the fund-raising target would be a tremendous achievement and will provide an immense contribution towards helping to reduce maternal and infant mortality in developing countries such as Ethiopia.*

## About SafeHands for Mothers

SafeHands for Mothers is a young and dynamic charity that is working to reduce maternal and infant mortality in developing countries through the medium of training/awareness films delivered in rural communities by solar powered DVDs.

SafeHands for Mothers' vision is to contribute to a reduction in maternal mortality and morbidity from pregnancy-related causes and to protect and promote health of the newborn in developing countries.

## Your support will make a real impact

Help make a difference to the maternity care received by mothers and the newborn in developing countries by supporting the SafeHands for Mothers' Pilgrims' *Walk for Life*. Simply visit [www.justgiving.com/SafeHands\\_trek](http://www.justgiving.com/SafeHands_trek), or for more information call Jane at SafeHands for Mothers on **077 404 75221**.

The money you donate will go to the SafeHands for Mothers charity and will be invested in the charity's ongoing efforts to combat the unnecessarily high number of women who die during pregnancy and childbirth in developing countries such as Ethiopia.



To show your support please visit:

[www.justgiving.com/SafeHands\\_trek](http://www.justgiving.com/SafeHands_trek)



[www.safehands.org](http://www.safehands.org)

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## About the walk

It is almost 900 years since the French pilgrim, Pope Calixtus II, first recorded the description of the road to Santiago. Over the centuries many publications have been written on the famous 800 kilometre 'French Road' from Saint-Jean-Pied-de-Port, France to Santiago de Compostela, Spain. This beautiful and very meaningful pilgrimage ends in the fabulous cathedral of Santiago where the mortal remains of St James, one of Jesus' most beloved apostles, is entombed.

Our modern day SafeHands for Mothers pilgrims depart from Tricastela, Spain on 15th June 2009 and complete the 130km walk six days later in Santiago. Participants will raise sponsorship through individual and/or corporate support.

**Their target is £350,000.**

*Nancy Durrell McKenna, Founder and Executive Director of SafeHands for Mothers, says 'We have to ask why, in the 21st century, 1,600 women die everyday during pregnancy or childbirth: the equivalent to a Titanic full of pregnant women sinking. The tragedy is that a huge number of these deaths are preventable simply by having a pair of safe hands to care during pregnancy and when giving birth'*



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