BREASTFEEDING

GENERAL
PN120 Breastfeeding - weight gain in infants
PN123 Economic advantages of breastfeeding
PN124 Exclusive breastfeeding
PN126 Breastfeeding: rates and trends
PN55 The advantages of breastfeeding for the baby
PN61 Contraceptive effects of breastfeeding (lactational amenorrhoea)
PN62 Long-term breastfeeding
PN65 Complementary, supplementary feeds
PN85 Diet and nutrition whilst breastfeeding
PN93 Teenagers breastfeeding - attitudes, complications, promotion (see also P31, P61, MS1)
PN95 Breastfeeding and Asian women (in the UK)
PN97 Breastfeeding - the advantages for the mother
PN158 Physiology of breastfeeding and lactation

INFLUENCES
PN113 Breastfeeding in public places
PN4 The decision to breastfeed
PN49 Attitudes of men towards breastfeeding
PN53 Marketing infant formulae
PN63 Professional attitudes, beliefs and knowledge

PRACTICAL ISSUES
PN31 Breastfeeding at work
PN50 Breast pumps
PN56 Milk banks and milk banking
PN58 Cup and spoon feeding
PN64 Positioning the baby for breastfeeding
PN92 Breastfeeding twins, triplets or more
PN150 Safety and hygiene relating to infant nutrition

PROBLEMS
PN32 Mastitis
PN36 Suppression of lactation
PN38 Pollutants in breastmilk
PN48 Engorgement
PN6 Nipple problems
PN66 Insufficient milk
PN77 Breastfeeding following breast surgery
PN86 Prescribed drugs whilst breastfeeding (see also PN38)
PN9 HIV and breastfeeding (see also PN21)
PN94 Breastfeeding the adopted baby
PN98 Nipple shields
PN129 Breastfeeding: diabetic mothers
PN162 Breast abscesses

PROMOTION AND SUPPORT
P35 Antenatal preparation for breastfeeding
PN101 Breastfeeding immediately following birth
PN114 Role of breastfeeding counsellors/lactation consultants
PN45 Baby Friendly Hospital Initiative
PN5 Midwives and healthcare professionals - role in breastfeeding promotion and support
PN90 Peer support and support groups for breastfeeding
PN91 Hospital policies/procedures that affect breastfeeding
PN96 Breastfeeding - why do women give up?
LABOUR AND DELIVERY

COMPLICATIONS
L17 Shoulder dystocia
L21 Vaginal birth after caesarean section
L28 Premature rupture of the membranes at term
L29 Female circumcision and genital mutilation
L3 Breech (not twins) (see also P86, L31)
L31 Twin delivery (see also P48)
L42 Cord prolapse
L43 Occipito-posterior position
L44 Retained placenta
L47 Fetal distress
L55 Third degree tears
L8 Meconium
PN29 Postpartum haemorrhage

GENERAL
L13 Position and ambulation in labour (see also L35)
L2 Birth plans
L25 Support/company in labour (see also L33, L34)
L33 Fathers at the birth (see also P15, L25, L34)
L34 Siblings at the birth (see also L25, L33)
L35 Birth chairs & stools (see also L13)
L4 Communication in labour
L48 Squatting in labour
L49 Spontaneous onset of labour
L54 Womens experiences of labour
L62 Cultural or religious birth practices or rituals

MANAGEMENT AND INTERVENTIONS
L1 Amniotomy (see also L14, L24)
L14 Prostaglandins for induction of labour/cervical ripening (see also L1, L24)
L15 Pushing and bearing down (see also L16)
L16 Second stage management (see also L6, L15, L38)
L18 Suturing the perineum (including not suturing) (see also L6, PN15, PN68)
L19 Third stage management (includes expectant management) (see also L38, PN29)
L24 Induction of labour/cervical ripening (see also L1, L14)
L30 Forceps and vacuum
L38 Active management of labour
L45 Caesarean section - rates, increase, trends
L50 Vulval cleansing in labour
L51 Forceps and vacuum - maternal outcome
L52 Guarding the perineum/preventing tears
L53 Caesarean section - caesarean by choice
L56 HIV - vertical transmission in labour
L57 Caesarean section - antibiotic prophylaxis
L6 Episiotomy and perineal management (see also L18, PN68, PN15)
L7 Nutrition and hydration in labour

MONITORING
L26 Examining and weighing the placenta
L36 Partograms
L39 Fetal scalp electrodes
L40 Intermittent auscultation versus continuous fetal monitoring (see also L5)
L5 Electronic fetal monitoring (see also L40)
P142 Fetal pulse oximetry
L63 ST analysis (STAN)

PAIN AND PAIN RELIEF
L10 Epidurals (see also PN60, L37)
L11 Drug free pain relief in labour (see also L9, L10, L12, L20, L22, L41)
L12 TENS (see also L11)
L20 Water birth
L22 Drugs for pain relief (see also L10, L41, L59)
L37 Epidurals - postnatal effects
L41 Pethidine (see also L10, L22)
L46 Drugs in labour - effects on breastfeeding (see also L22, PN38)
L58 Caesarean section - anaesthesia and analgesia (see also PN60)
L59 Entonox, nitrous oxide and gas and air
L9 Womens perceptions of pain and pain relief
L64 Water as pain relief

MATERNITY SERVICES
ETHICAL AND LEGAL ISSUES
M18 Legal issues
M19 Ethical issues (see also CT1, CT2)
M67 Confidentiality
MS15 Informed consent
MS64 Assisted reproduction (see also MS65, MS66, MS68, P185)
MS65 Surrogate motherhood
MS66 Sex selection
MS67 Maternal-fetal rights
MS68 Court ordered obstetrical interventions
MS69 Effects and long term outcomes of assisted reproduction

GENERAL
M53 Feminism/gender issues in midwifery and maternity care
MS23 Audit - theory
MS24 Audit - examples
MS37 Maternity Services Liaison Committees
MS39 Risk management
MS40 Recent government/official reports
MS43 Clinical governance
MS49 Complementary therapies (general) (see also L11; P95; P96; P97; P98; P99; P100; PN46)
MS50 Control of childbirth
MS52 Normal childbirth
MS9 Medicalisation of childbirth
MS62 Social media and the maternity health care professional

ORGANISATION OF CARE
M76 Shared/collaborative care
MS18 Antenatal day care
MS21 Computers in antenatal care
MS22 Computers in obstetrics
MS26 Hospital security/tagging
MS32 Informed choice
MS36 Changing Childbirth
MS44 Primary care groups and trusts
MS45 Women centred care
MS47 Informed choice - key references
MS6 Neonatal intensive care - the costs
MS8 Transitional care
PN8 Early discharge/length of stay

PLACE OF BIRTH
MS17 Alternative birth centres
MS27 Domino deliveries
SPECIAL NEEDS
MS1 Antenatal education for teenagers (see also P31, P61, PN93, MS51)
MS19 Ethnic women - special needs and services (see also P62)
MS20 Women in prison
MS25 Homeless women/travellers
MS28 Services for of drug abusing women
MS30 Women who are deaf/hearing impaired
MS31 Women who are blind/visually impaired
MS38 Women with learning disabilities
MS41 LGBT parents
MS46 Child protection, child abuse and neglect
MS48 Refugees
MS51 Teenage pregnancy - prevention (see also P31, P61)
MS53 Jehovahs Witnesses
MS54 Women with mental health disorders
P5 Women with a physical disability

MIDWIFERY
EDUCATION TRAINING AND PROFESSIONAL DEVELOPMENT
M23 Preceptors and mentors
M24 Research, the value of
M25 Research, how to do it
M26 Student midwives
M36 Learning and teaching methods
M37 Assessing student midwives
M38 Assessing midwives (competency, peer review, appraisal)
M39 Reflective practice
M4 Pre-registration education
M5 Continuing education and PREP
M54 Evidence-based practice (see also M24, M25, M59)
M59 Research - critical appraisal
M60 Research, statistical methods
M61 Research - ethical issues
M65 Decision making/problem solving
M66 Advanced/higher level practice
M68 Internet and WWW resources
M70 Counselling skills for midwives
M71 Consultant midwives
M78 Research - qualitative methods
M79 Writing for publication

EMPLOYMENT ISSUES
M10 Stress and burnout in midwifery (see also M41)
M14 Retention and recruitment of midwives
M15 Job Satisfaction
M40 Occupational health and safety
M41 Stress and burnout in the NICU (see also M10)
M52 Job sharing/part-time working
M58 Shifts and rotas
M6 Universal precautions
M72 Bullying/Harassment
INTERNATIONAL MIDWIFERY
M22 Traditional birth attendants
M42 Midwifery in the USA
M43 Midwifery in Canada
M44 Midwifery in Australia
M45 Midwifery in the Netherlands
M46 Midwifery in New Zealand
M47 Midwifery in Western Europe
M48 Midwifery in Eastern Europe
M49 Midwifery in Central and South America
M50 Midwifery in Africa
M74 Midwifery in Asia
M81 Reproductive health services in developing countries
M84 Maternal morbidity: rates and trends in developed countries

MIDWIFERY CARE
M20 Independent Midwifery
M28 Midwife led care
M3 Team midwifery/continuity of care
M30 The named midwife
M34 Case load/one-to-one midwifery
M35 Group practice midwifery
M73 Care pathways
M8 Models of care

MIDWIFERY MANAGEMENT
M21 Supervision of midwives
M32 Managing change
M77 Leadership

PROFESSIONAL ISSUES
M16 Men in midwifery
M2 Autonomy and accountability
M31 Extended role of the midwife (See also M9)
M33 Record keeping
M57 Health care assistants/support workers
M63 Childfree midwives/midwives who are mothers
M64 Communication/relations with other health professionals
M69 Public health and the midwife
M7 History and development of midwifery
M80 Liability insurance for midwives
M9 Role and status of midwives (See also M31)
M82 Clinical negligence
M83 Professional organisations

NEONATAL CARE
ADVERSE OUTCOME
PN125 Sudden infant death - smoking
PN127 Infant mortality: rates and trends in developing countries
PN128 Infant mortality: rates and trends in developed countries
PN23 Sudden infant death - physiology
PN43 Sudden infant death - sleeping position
PN51 Sudden infant death - environmental factors
PN153 Gastroesophageal reflux

COMPLICATIONS
PN10  Jaundice (see also PN57)
PN104 Retinopathy of prematurity
PN107 Fetal alcohol syndrome (see also P1)
PN110 Cerebral palsy - causes, diagnosis and management
PN121 Chronic lung disease
PN14  Pain in neonate
PN21  HIV infection in neonate (see also PN9)
PN28  Antenatal drug abuse - effects on baby
PN37  Respiratory distress syndrome
PN39  Cleft lip and palate
PN40  Congenital hip displacement
PN42  PKU in the neonate (see also P38)
PN78  Meningitis
PN88  Necrotising enterocolitis
PN154 MRSA
PN156 Autism

NEONATAL CARE
PN106 Cord blood collection and banking
PN111 Colic (see also PN41)
PN19  Suctioning the neonate
PN20  Vitamin K
PN30  Temperature measurement and control (see also PN22)
PN41  Crying babies (see also PN111)
PN44  Hypoglycaemia and glucose levels in the neonate
PN7  Cord care
PN79  Dummies/pacifiers
PN80  Co-sleeping/sharing a bed
PN81  Nappies and nappy rash
PN82  Nappies - reusable vs disposable
PN83  Skin care of the newborn
PN87  Neonatal circumcision
PN89  Cord clamping

NEONATAL INTENSIVE CARE
MS11  Ethical issues in neonatal intensive care
PN108 Transporting the neonate
PN11 Prematurity and low birth weight - survival and short term outcome
PN112 Developmental care in the NICU
PN117 Extracorporeal membrane oxygenation (see also PN37)
PN119 Surfactant therapy (see also PN37)
PN12 The environment in the NICU
PN13 Effects of neonatal intensive care on the parents
PN22 Kangaroo care (see also PN30)
PN3  Breastfeeding the baby in intensive care
PN46 Neonatal massage, touch, stroking
PN54 Positioning the neonate
PN57 Phototherapy
PN71 Tube feeding
PN72 Infection control in the neonatal intensive care unit
PN73 Neonatal resuscitation
PN74 Neonatal resuscitation - teaching parents
PN75 Premature and low birth weight babies - long term outcome

SCREENING
L32  Apgar score
PN100 Heel prick - methods and pain management
PN103 Hearing tests
POSTNATAL CARE
GENERAL
PN152 Seasonality of birth
PN160 Parenting: policy, support and initiatives
PN161 Grandparents – role in child care and parenting
ADVERSE OUTCOME
PN1 Perinatal bereavement (not miscarriage) (see also P37, P77)
PN109 Maternal mortality in developed countries
PN33 Maternal mortality in developing countries
PN52 Safe Motherhood Initiative
COMPLICATIONS
P116 Long term effects of pregnancy and childbirth on women's health
PN105 Caesarean section - maternal outcome
PN122 Obstetric fistulae
PN18 Sex and sexual difficulties after childbirth
PN34 Incontinence and pelvic floor damage
MATERNAL CARE
MS34 Postnatal visiting
PN15 Perineal pain relief
PN17 Rooming in
PN25 Postnatal exercise
PN59 Postnatal haemoglobin
PN60 Caesarean section - postnatal care and pain relief
PN68 Perineal care (see also PN15)
PN76 Contraceptive advice
PN99 Maternal satisfaction with postnatal care
PSYCHOLOGICAL ASPECTS
PN102 Sexuality and body image - postnatal
PN115 Postnatal depression - effects on baby and family
PN116 Postnatal depression - treatment and support
PN16 Postnatal depression - causes, diagnosis and prevention
PN2 Bonding
PN27 Caesarean section - psychological sequelae
PN35 Adaptation to motherhood
PN67 Puerperal psychosis
PN69 Debriefing and post traumatic stress disorder
PREGNANCY
ADVERSE OUTCOME
P37 Miscarriage - bereavement and counselling
P51 Miscarriage - causes (see also P37, P64)
P64 Miscarriage, recurrent
P77 Termination for fetal abnormality - psychological aspects
ANTENATAL CARE
MS12 Late booking
MS16 Antenatal visits - frequency
MS2 Booking interview
MS3 Satisfaction with antenatal care
MS7 Women holding own notes
P47 Estimated date of delivery
P80 Antenatal hospital admission, psychosocial aspects
ANTENATAL HEALTH
P1 Alcohol - effects on fetus (see also P63, PN107)
P103 Fetal origins of adult disease
P13 Drug abuse - effects on mother and fetus (see also p68, P81)
P139 Methadone use
P14 Exercise and sport in pregnancy (see also P50)
P141 Caffeine/coffee drinking in pregnancy
P145 Travel in pregnancy and with a baby (see also P122)
P150 Environmental pollution - effects on pregnancy
P29 Smoking - adverse effects (see also P36)
P34 Maternal weight gain
P39 Working in pregnancy (see also P54)
P42 Diet and nutrition in pregnancy
P50 Aquanatal exercise
P54 VDUs in pregnancy (see also P39; 150)
P57 Folic acid
P67 Sex in pregnancy
P68 Cocaine and crack (see also p13, p81)
P69 Vegetarians and vegans
P78 Nausea and vomiting in pregnancy (see also P8, P41)
P8 Common disorders (excluding nausea (see also P41, P78)
P177 Vitamin D deficiency in pregnancy and infancy

COMPLEMENTARY THERAPIES (cover pregnancy, labour, postnatal and newborn)
P100 Massage (see also MS49, PN46)
P95 Acupuncture and acupressure
P96 Aromatherapy
P97 Herbal remedies
P98 Homeopathy
P99 Hypnosis
P156 Reflexology
P157 Osteopathy, chiropractic and physiotherapy
P176 Yoga

COMPICATIONS
P101 Obstetric cholestasis
P107 Uterine rupture
P109 Thromboembolic diseases
P111 Pre-eclampsia and eclampsia - magnesium sulphate therapy
P112 Pre-eclampsia - aspirin therapy
P113 Pre-eclampsia - general references and outcomes
P114 Eclampsia
P117 Pregnancy-related pelvic girdle pain
P119 Obesity in pregnancy
P12 Gestational diabetes (see also P11, P84 and P129)
P126 Multifetal pregnancy reduction
P127 Thalassaemia
P128 Cervical cerclage
P129 Fetal macrosomia (see also P11, P12 and P84)
P130 Premature labour and birth - causes
P133 Premature labour and birth - prevention and management
P135 Edward's syndrome
P136 Twin-twin transfusion syndrome
P140 Pre-eclampsia - causes, diagnosis and prevention (see also P111, P112, P113, P123)
P143 Hydrops fetalis
P144 Neural tube defects (see also P57, P115)
P146 Pre-eclampsia - management and treatment (see also P111 and P112)
P147 Amnioinfusion
P149 Critical / high-dependency care in pregnancy
P153 Chorioamnionitis
P181 Maternal sepsis – genital tract (see also P105, P137, PN154)
P185 Assisted reproduction – complications in pregnancy and labour
P21 Maternal age over 35
P23 Pregnancy induced hypertension - causes and diagnosis (see also P56 and P82)
P24 Prolonged pregnancy
P26 Rhesus disease
P28 Sickle cell disease
P3 Anaemia and iron supplements
P31 Teenage pregnancy - physiology (see also P61, MS1, MS51, PN93)
P40 Preterm premature rupture of the membranes
P41 Hyperemesis gravidarum (see also P78)
P43 Fetal growth restriction (previously known as ‘retardation’)
P48 Twins - pregnancy only (see also P55, L31)
P55 Multiple pregnancy (not twins) (see also P48)
P56 Pregnancy induced hypertension - management and treatment (see also P23)
P62 Ethnic women - physiology (see also MS19)
P71 Placental abruption
P72 Placenta praevia
P74 Antepartum haemorrhage/bleeding
P86 Breech - external cephalic version
P91 Grand multiparity
P92 HELLP syndrome
P93 Oligohydramnios
P94 Polyhydramnios

HEALTH EDUCATION
MS42 Consumer health information
P115 Folic acid - health education
P121 Preparation for caesarean section
P22 Prepregnancy care
P36 Smoking - health behaviour, health education (see also P29)
P4 Education for labour (Lamaze, psychoprophylaxis etc) (see also P49)
P49 Education for parenthood (see also P4)
P60 Evaluating antenatal education
P63 Alcohol - health behaviour, education (see also P1)
P81 Drugs - health behaviour, education (see also P13, P68)

INFECTIONS
P10 Cytomegalovirus
P102 Urinary tract infections
P105 Group B streptococcus
P106 Hepatitis C
P110 Human parvovirus
P118 Drug therapy for pregnancy women with HIV infection
P122 Malaria
P123 Chickenpox in pregnancy
P137 Bacterial vaginosis
P17 Herpes
P18 HIV infection - care in pregnancy and labour
P20 Listeria
P25 Rubella
P32 Toxoplasmosis
P76 Chlamydia
P87  Hepatitis B
P88  Sexually transmitted infections
P89  Syphilis
P183  Pertussis (whooping cough)

SCREENING
P108  Cystic fibrosis
P124  Cordocentesis
P125  Informed choice/decision-making prior to screening
P138  Ultrasound - three dimensional
P151  MRI and computed tomography
P16  Fetal movement counting
P184  Ethical and moral dilemmas in antental and newborn screening
P19  HIV screening
P2  Amniocentesis
P27  Screening in pregnancy - anxiety and distress
P33  Ultrasound - safety
P45  Ultrasound - diagnostic
P46  Fetal monitoring at home
P58  Downs syndrome screening (see also P59, P104)
P7  Chorion villus sampling
P70  Vaginal examinations in pregnancy, labour and the puerperium
P75  Physical examination in pregnancy
P82  Blood pressure - methods of measurement
P83  Urine testing
P84  Glucose tolerance tests
P85  Risk scoring

SOCIAL AND PSYCHOLOGICAL ASPECTS
P154  Fear of childbirth/tokophobia
P120  Eating disorders in pregnancy
P132  Antenatal depression
P134  Fetal sentence
P15  Fathers/partners (see also L33, PN49)
P30  Social support in pregnancy
P44  Poverty and socioeconomic factors (see also MS25)
P52  Unsupported women
P53  Violence and sexual assault in pregnancy
P61  Teenage pregnancy - psychosocial aspects (see also P31, MS1, MS51, PN93)
P65  Childhood sexual abuse and effect on pregnancy
P66  Sexuality and body image in pregnancy
P79  Maternal stress/life events

WOMEN WITH MEDICAL CONDITIONS
P11  Diabetes (see also P12, P84 and P129)
P131  Thyroid diseases
P148  Cancer
P152  Systemic lupus erythematosus
P38  Phenylketonuria
P73  Asthma
P90  Epilepsy
P155  Heart disease